Calendar Service:

- Service: Google Calendar API or similar service (might require API keys)
- Pricing: Free tier available with limitations; additional usage might incur charges based on usage.

Email Service:

- Service: SMTP or transactional email services like SendGrid, Mailgun, or AWS SES
- Pricing: Often have a free tier for limited usage, additional usage incurs charges based on volume.

GitLab Integration:

- Service: GitLab API for repository access and sharing links
- Pricing: Free for basic usage, pricing might apply for additional features or usage beyond limits.

Zoom Integration:

- Service: Zoom API for scheduling and meetings
- Pricing: Zoom API access might have free tiers with limitations; additional usage may have associated costs.

Please note that the pricing structures for these services can vary based on usage, features, and specific requirements.

Some offer free tiers with limited functionality, while others charge based on usage volume or additional features.