



Reeha Sarwar

CLINICAL PSYCHOLOGIST



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Sialkot Kashmir Road

EDUCATION

2013 - 2014

Metric City Public High school (Arts) Obt. Marks 626/1100

2015 - 2016

Intermediate Nisa Girls College (F.A) Obt. Marks 639/1100

2017 - 2018

Graduation The Standard Girls College Obt. Marks 400/800

2019 - 2020

Bachelors University Of Sialkot (MSC) In Clinical Psychology CGPA 2.89/4.00

2022 - 2023

Post Graduate Degree University of Management Technology Sialkot (MS) In Clinical Psychology CGPA 3.49/4.00

SKILLS

- Clinical Psychologist/Counselors
- Teaching
- Artist (Art)
- Negotiation skills
- Ability to multi-task
- Work to deadlines
- Writing Skills

CERTIFICATION

- 1.) For Project Completion of Mental Health & Psychopathology
- 2.) International Conference 6th Suicide: Failure of individual or Humanity
- 3.) Certification of continues Professional Development in Special Education
- 4.) Pre- Conference Workshop Suicidal Ideation: The Whirlpool Of Thoughts

As a clinical psychologist, I evaluate, diagnose, and provide treatment to people experiencing emotional difficulties. I utilize various therapeutic methods to design customized treatment plans for each patient and collaborate with them to establish goals and monitor progress. I also conduct research and advocate for mental health awareness and evidence-based practices. Overall, my focus is to provide compassionate care and support to individuals with mental health concerns while promoting overall wellness.

My role is to help individuals suffering from psychological difficulties gain a deeper understanding of their thoughts, feelings, and behaviors. I provide a safe and supportive environment for my clients to explore their concerns, identify their therapy goals, and develop coping strategies using evidence-based therapeutic approaches. My aim is to empower my clients to take control of their lives and navigate life's challenges.

WORK EXPERIENCE

2020 (CLINICAL PSYCHOLOGIST) OFFICE OF THE MEDICAL SUPERINTENDENT ALLAMA IQBAL MEMORIAL HOSPITAL SIALKOT.

2022 (CLINICAL PSYCHOLOGIST) THE LIGHT SPECIAL EDUCATION & COCATIONAL TRAINING SCHOOL FOR CHILDREN WITH INTELLECTUAL DISABILITY

2022 (CLINICAL PSYCHOLOGIST) LITTGLE ANGLES HOME SPECIAL EDUCATION

2022 (AS A COUNSELOR) THE BALANCE SCHOOL CANT (NORMAL SCHOOL WORK WITH CHILDREN MANAGE THEIR DAILY LIFE PROBLEM AT SCHOOL OR HOME

2022 (AS A COUNSELOR) THE TAHRI FOUNDATION NORMAL SCHOOL WORK WITH CHILDREN MANAGE THEIR DAILY LIFE PROBLEM AT SCHOOL OR HOME

2023 (CLINICAL PSYCHOLOGIST) THE BRAIN CLINIC WORK WITH DOCTOR SHAMSHAD GILL