



Time: 11.06.2021 to 17.7.2021

Project: About me - My English

Inspiration: Self Love Shifts that Changed My Life – From youtuber: Lavendaire 3

Reason: Infertility period – Improve English – Keep Positive Energy.

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1. Foreword

This is my first article, I write about my English learning process from the time I was a student in Vietnam until now, the year 2021. There are many reasons why I write this, but the main reason is that I want to save the information and keep the memories that I spent after such a long time.

Besides, I'm also want to save and improve my English skill, because I know it's very important for my future. I spent time to studies abroad and English is the only thing I have and give hope on it.

In this article, will share with you how my English going until now such as: what do I have to face and solve it or how do I feel about English through different periods. It also includes some techniques, self - opinions that may useful for someone who has a similar situation likes mine.

I hope, this article is useful for you, or at least you can feel the empathy on it.