

**SUNDAY IS NOT ONLY  
FOR GOD.**

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# INTRODUCTION

Our moral code, ethical standard, or idea of how a Christian should live isn't how God wants us to live. Instead, God wants us to live as he does, not how we think we should live. In Genesis, God did not put the man he created in a school or seminary to learn to please God, but he put him in a garden with the tree of life.

*"And Jehovah God caused every tree that is pleasing to the eye and good to eat to grow out of the ground, and also the tree of life in the middle of the garden."* - **Genesis 2: 9.**

The *tree of life* represents the **eternal** and **divine life** of God. God wanted man to eat from this tree, receive life from it, and live from this life.

From the creation of the world until the coming of Christ, that day was the last day of the week. Old Testament believers eagerly awaited the rest that the Savior would bring. The Sabbath was not just a special day, which should be recognized once a week. It had a richer meaning. It indicated the **future rest of the redemption** that God would accomplish on behalf of his people.

# CHAPTER ONE

The **Sabbath** was not just a reminder of the rest that followed the six days of creation. It was also celebrated because God had **freed his people** from **slavery** in **Egypt**. It's not so much about being unemployed as it is about making Sunday a day of rest.

Closing a shop or a workshop, going to church with the family... these are all signs that, within a community, present one of the most visible aspects of Christian conduct. In the last days of the Apostle John's life, believers recognized that there was a day of the week called "the Lord's day." That day they celebrated the resurrection of Christ and the outpouring of the Spirit. That day became the day they gathered to rejoice in the resurrection of Christ by the power of the Holy Spirit.

The same is true to this day. The original commandment to honor God by reserving one day out of seven to worship him remains in effect, as this requirement was part of the ten commandments prescribed in the standards of God's moral law for men. One day in seven must be devoted to worshiping and worshiping Him. Both creation and redemption show that God must be honored in this way.

Many believers tend to live their day in an ungodly lifestyle in which the Apostle Paul warned all believers to abstain (**Romans 12: 1-2**). But most believers tend

to live a rebellious and unpleasant life but make Sunday a holy day as it has been taught through doctrine or religion to keep the Sabbath day holy. Interestingly, Christ expects us to be a witness and a light to the world every day of our lives (**Matthew 5:14**). This means that our Christian life must go beyond just worshiping God in church on Sundays, but to daily demonstrate a life worthy of praise and honor to God.

**Arm yourself with the same thought that Christ had when he died for us:**

The commitment that God calls us to have is no greater than the commitment that Jesus had in enduring suffering for our salvation. In the last days, we need a great commitment to God to endure great tribulations.

Enough of the time spent doing what the Gentiles like **walking in lust, lust, drunkenness, orgies, dissipation, and abominable idolatry**. To them, it seems strange that you do not run with them in the same iniquity of dissolution, and they insult you; but they will be accountable to him who is willing to judge the living and the dead. We also preached to those who had died so that men in the body might judge them but live by God's Spirit instead.

The ideal life can sometimes seem different than it would be for an unbeliever. As an example, instead of focusing on what you have and how well you did, you should cultivate your relationship with the Lord and follow his rules. When you put these things first, you will start to feel calmer, more satisfied, and more able to deal with the problems that come your way.

Christ now lives in our Spirit through his death and resurrection as the life-giving Spirit. This wonderful person who lives in us has his tastes, desires, intentions, and thoughts. Hence his concern for our time, clothing, finances, places visited, and words said.

Most of the time, and on many issues, we disagree with God. However, how can we know? How can we know what the Lord Jesus approves or disapproves of? How can we know if they like what we do?

# CHAPTER TWO

## TIPS TO LIVING EVERY DAY FOR GOD.

Here are some fundamental ways to live daily life pleasing the Lord and making non-believers encounter the saving power of Christ Jesus.

### 1. Live on Purpose

**Ephesians 5: 15-17** says practically it all and is one of the favorite passages of Scripture by the Apostle Paul:

*Look carefully then how you walk, not as a fool but as a wise one, making the best use of time, because the days are bad. So don't be foolish, but understand what the Lord's will is.*

This passage teaches us to:

- Pay attention to our time and our choices.
- Be a person "on purpose."
- Live a life worth living.
- Consider what we do and make sensible choices.
- Make the most of our time.
- Don't let the opportunities slip away from us.
- Don't be passive, vague, reckless, and foolish.
- Know God's will and grasp it firmly.

To be Christians "on purpose," we must train ourselves to go through a thought process every day so that we can channel our time into things that will bear good fruit. Every day that God gives us is a gift, and that is why it is called a "present." We need to unwrap that gift carefully, cherish it, and invest in it, something we will be proud of later in life.

## **2. Having a relationship with God**

**If you haven't already, ask Jesus into your life.** If you are just starting to learn about Christianity, you will need to become a disciple of Christ before leading a good Christian life. To become one of his followers, pray to Jesus to forgive all your sins. Ask him to fill your heart to help you fight temptation and dedicate your life to following him.

In **John 14: 6**, Jesus says, *"I am the way, the truth, and the life. No one comes to the Father except through me"*. This means that the only way to have a relationship with God is to follow Jesus.

Although prayer is personal and unique to each person, it can go something like this: *"Lord, I know I haven't always been perfect. Please forgive me for all the time I spent sinning, such as when I was impatient or lied. I want to become your disciple to be more like you. Please guide me and help me become a better person"*. Amen.



### **3. Start The Day Right**

The only way to start the day well is to start with God. I always try to start my day by talking to God, asking for His help and guiding in everything I do, giving Him a day, and spending time in His Word.

King David in **Psalm 5: 3**: In the morning, O Lord, you will hear my voice; In the morning I will prepare for you [a prayer and a sacrifice], and I will look and wait [for you to speak to my heart].

When we first go to God before rushing into the "doing" part of our day, it is like saying, I can do nothing (**John 15: 5**).

### **4. Plan your time**

Take some time to plan your day. Look at the week, month, and year ahead and consider what you would like to accomplish, where you need to be, and what to do to get there.

It is so important to know where your time is going. Not every moment in our life has to fit into a plan, but we will enjoy life more if we know that our time is devoted to things with purpose and meaning.

Isn't it true that "**life**" doesn't show itself one way or another without our help? When we read God's Word, it helps us make decisions that will make us happy and proud. So go out and

have fun!

## **5. Confess your sins to the Lord.**

Although the Bible indicates that you must confess your sins to become a follower of Jesus, the story does not end there. You will make errors because you are a human person. If you do something that you know is wrong, pray to God to forgive you and ask Him to help you overcome temptations in the future.

The Bible says in **1John 1:9** that God will be merciful “if we confess our sins, he is faithful and righteous to forgive us our sins and cleanse us from all iniquity.

## **6. He prays constantly.**

Prayer strengthens your bond with God. After inviting him into your life, make it a habit to talk to him about almost anything. In 1 Thessalonians 5:17, the Bible says, "Pray without ceasing." Thank God for all the blessings in your life, praise Him for his goodness, ask Him to guide you when you make a decision, and turn to Him for comfort in times of need.

In **Matthew 6: 9-13**, Jesus offers a model prayer that you can use as an example of speaking to God. Also known as the Our Father, he says, "*Our Father who art in heaven! Hallowed be your name; Come to your kingdom; Your will be done on earth as it is in heaven. Give us today our daily bread; forgive us our debts, as we also forgive those who*

*have sinned against us; lead us not into temptation, but deliver us from evil, for yours are the kingdom, the power, and the glory forever and ever. Amen! "*

For another example of praying, read the Psalms, a Bible filled with various prayers to God.

### **7. Read the Bible every day.**

Prayer is a means to communicate with God; however, to hear what God has to say, you need to take the time to study the scriptures. This means that you can either read it from beginning to end (which is what I did), or you may choose a certain book to study for some time (which is what I did).

To create a close bond with Jesus, you need to study his Word. In John 6:63, Jesus says, *"The words I have spoken to you are spirit and life."*

### **8. Join a group of like-minded people.**

If you want to strengthen your relationship with Jesus, it can be helpful to enter a church where God's Word is taught. With the help of religious leaders, you will also meet other believers with whom you may converse and locate a place where you can worship God

without fear of judgment.

- Search for missionaries, Bible study groups, and other enjoyable pursuits to make your life richer and more fulfilling!
- In **Hebrews 10: 24-25**, the Bible says that when believers meet, they can support each other: "Let us watch over one another, to incite one another to charity and good works. We do not abandon our assembly, as is some custom, but let us encourage each other, especially as you see the day approaching."

# CHAPTER THREE

## FOLLOW GOD'S COMMANDMENTS

### 1. Avoid committing sins.

It can be very difficult, but if you want to live a good life as a Christian, you need to make an effort not to commit sins. Since sin is anything that is not part of God's will in your life, it can seem nearly impossible to avoid it altogether. However, even if you sin, you can pray that God will forgive you and improve yourself next time.

- In **Colossians 3: 5-10**, the Bible lists several earthly sins to be avoided, such as fornication, uncleanness, passions, evil desires, idolatry, anger, animosity, wickedness, slander, dishonest words.
- **John 14:21** says that following God's commandments is a way to show Jesus that you love him: *“Whoever has my commandments and keeps them, it is he who loves me; and whoever loves me will be loved by my Father, I will love him and make myself known to him.”*

### 2. Treat others with love, selflessness, and tolerance.

Try to show God's love for you in how you treat others. If someone hurts you, he tries to forgive them in the same way God forgives your sins. Do your best to help and encourage everyone you meet, and don't be afraid to help when you see someone in need.

- In **James 1: 19-20**, the Bible recommends being "*quick in hearing, slow in speaking, slow in being angry.*" In **Matthew 5, 3-10**, Jesus gives a discourse known as the Beatitudes in which he asks his followers to be peaceful, kind, and just.
- The Beatitudes say: "*Blessed are the poor in spirit, for theirs is the kingdom of heaven!*" *Blessed are the meek, for they will be comforted! Blessed are the meek, for they will inherit the earth! Blessed are those who hunger and thirst for justice, for they will be satisfied! Blessed are the merciful, for they will receive mercy! Blessed are the pure in heart, for they will see God! Blessed are those who bring peace, for they will be called children of God! Blessed are those persecuted for righteousness, for theirs is the kingdom of heaven!*

### **3. Avoid falling into the trap of materialism.**

It may be tempting to place great value on earthly possessions and personal accomplishments, but the Bible says that these things are "of this world." Forget the idea that you need certain things to be happy or that you need to achieve a level of success that society has called important. Instead, make sure your relationship with God is the priority in your life.

- In **1John 2:15**, the Bible says: *“Do not love the world and the things that are in the world. If anyone loves the world, the love of the Father is not in him. This means that it is important to focus on God's values rather than the things the world considers important such as lust, beauty, and material objects.”*
- The following verse continues in this sense: *“For all that is in the world, the lust of the flesh, the lust of the eyes and the pride of life, does not come from the Father, but comes from the world. (1John 2:16).*

#### **4. Think about how to serve others.**

Support is an important part of the Christian life, so you should look for opportunities to serve throughout your life. You may be called to share the Word of God. You may be asked to collect school supplies for disadvantaged children in your community. You may also simply need to remain a loyal and honest employee in the workplace.

You can feel good about doing good things in the world when you help other people, which can be a lot of fun.

**Philippians 2,3-4** say that you must take care of the needy: *“Do nothing out of bias or vainglory, but humility considers others to be superior.”* above you. *Let each of you, instead of considering your interests, also consider those of others”.*

**1Peter 4:10** encourages you to find ways to use your talents and gifts to help others - he received.

## **5. Share your faith with others.**

One of Jesus' commands to his disciples was to spread the Word of him. **Mark 16:15** says: *“Go into all the world and preach the good news to all creation.”* To share your faith with others, look for opportunities to witness what your relationship with Christ means. It can mean telling strangers about your beliefs, or sometimes it can mean showing God's love through your actions towards others.

- Earlier, in the book of Mark, Jesus said that you should be proud to share your faith. "You are the light of the world. A city on a mountain cannot be hidden, and you do not light a candle to put it under a bushel, but you put it on the candlestick, and it gives light to all who are in. Let your light shine before to men, so that they may see your good works and glorify your Father who is in heaven (**Mt5: 14-16**).

Before we were saved, we were cut off from the life of God and died in our sins. In the same way, a lifeless body does not feel because he is dead; we also did not have a spiritual feeling. However, having been born again, we have been resurrected in Christ. Life in our being conveys that feeling, that feeling. Now we know whether or not we live according to the life of Christ in our being through the feeling or the feeling that the presence of Him in our Spirit gives us.



What is this feeling? Regarding our life, our daily walk, the Apostle Paul said in **Romans 8: 6**: *"For setting the mind on the flesh is death, but setting the mind on the Spirit is life and peace."*

**"Death"** and **"life and peace"** in this verse are feelings that are present so that we can feel them within us. And these two are different from each other. We can feel life or death. If what we do is according to the Spirit who lives in our Spirit, we have the meaning of life and peace. If what we do does not please the Lord, we feel death.

Each of us has telltale signs and symptoms that indicate where we are. The feeling of death tells us that what we are doing, saying, or thinking is not according to the Spirit who lives in us. These are the symptoms we will experience:

- Empty
- Dark
- Dryness
- Restlessness
- Soft spot
- Depression, oppression, repression

While they are all negative, they have a positive purpose in letting us know that we are not living according to the life of Christ in us. It can be said that they are like a big **STOP** sign for us.

On the contrary, the feeling of life tells us when we live according to the Lord in our Spirit. We will experience these signs:

- Satisfaction
- Light
- Peace
- Force
- Stability

We can apply following the feeling of life in every action or decision we make in our life. In matters large or small, we can ask the Lord, "Lord, are you the one saying this now? Are you the one wearing these clothes? Lord, are you happy that I am going to this place? " Certainly, it will give us the feeling of life or death regarding that matter.

Of course, the more **we communicate with the Lord, read His Word, and are nourished by His Word, the stronger and finer our inner sense of God's life will be.** By following the meaning of life, Christ will grow in us, and we will live a life that will be much higher than a merely moral or ethical life. We will live the divine life in us and express God.

Never live a day without the guidance of almighty God; live for him all day and let his life within you transform others around you. You make a difference when non-believers see the life of God physically lived around them, and that makes the Father happy, and they trust you more with his presence and blessings on him.

# **AS A CHRISTIAN, HOW DO YOU GET CLOSE TO GOD AND GET TO KNOW HIM BETTER?**

Getting to know God better is a goal for many Christians. As you've seen, this may be done via formal or casual prayer and thankfulness. You can also read the Bible to learn more about God. If you need help, you can talk to a pastor or get more involved in church activities. You can also ask for help.

## **1. Pray to God.**

Know your religion better. If you don't know God well and haven't practiced your religion, take some time to get to know him. Maybe you could start by locking yourself in your room. You will be so alone with the Creator.

## **2. Clarify your ideas.**

Take a deep breath and say, "Hello, God. I'm taking this moment for you. Would you let me get close to you? It might seem silly at first, but know that God listens to you and cares what you say. He remembers that question, and it will be given to you. There is nothing wrong with asking God to speak to you.

## **3. Talk to him as a friend.**

Loosen your tongue and tell God everything in your heart. Tell God about a recent event in your life that brought you joy. For example, thank him for winning your soccer team in an important match, for a girl or boy who recently asked you out, or for new friends you have made. God always listens and understands, and you will have no reason to feel foolish or ridiculous.

#### **4. Don't be proud or arrogant.**

Don't pray for useless things. Try to address the important aspects of your life. There is nothing too small to ask when you need help or support. Your prayer shouldn't be centered only on you.

#### **5. Understand that God has his reasons, his plan.**

Trust him. You won't necessarily get what you want when you want it. But whatever God does, He does it for a good reason.