



Brand Me

By DSH



Evaluating Strengths Using The Approach



Key Strengths

Time Management



Leadership



Problem-solving



Setting **SMART** Goals For Developing Skills



Confidence

◆ Speaking Up More Often

- **Speak up** more often in public.
- **Count & record** the number of times I speak up.
- **Contribute** more often in meetings
- **My career** requires public speaking
- Target timeline is **30 days**.



Becoming More Productive

◆ Stop Procrastinating

- **Delegate** time to work on my side hustle
- **Track** hours worked weekly.
- **Build a side hustle**
- It can be my **Primary income source**
- Own a profitable business by the **end of the year**



Emotional Intelligence

◆ Enhance Self-Awareness

- **Control** my emotions & maintain calmness
- **Review & record** my feelings.
- **Be mindful** at all times
- **Advice** from a Therapist
- Emotionally ready for **worklife**.

Thank you!

