

## **The Importance of Time Management for Students**

For students to succeed academically and personally, time management is essential. By organizing their schedules, students can balance study, activities, and rest effectively. Proper time management reduces stress, improves focus, and increases productivity. It helps students meet deadlines, prepare for exams, and maintain a healthy lifestyle. Good habits are formed when this skill is learned early, and they help with future careers and challenges in life.