

What is Astrology, Really?

A Symbolic Language to Think the Invisible

When many people hear the word “*astrology*,” the first thing that comes to mind is generic magazine horoscopes. However, astrology is much more than superficial predictions: it is an ancient symbolic system used to interpret the rhythms of life, human character, and cycles of time.

Astrology does not function as an exact science or a religion. Nor does it seek to impose certainties. Instead, it offers a way of looking at the world through symbols, patterns, and correspondences. It is a language that allows us to explore meaning, understand internal processes, and observe how certain dynamics manifest both individually and collectively.

The central principle of astrology is simple: what happens “above” can be understood as a symbolic image of what happens “below.” It’s not about a direct influence between planets and people, but a meaningful synchrony. In this sense, a natal chart is not a sentence, but a tool for self-knowledge.

This chart—built using your date, time, and place of birth—includes elements like signs, houses, planets, and aspects. Each of these components holds symbolic value, and together they allow us to outline a person’s key psychological and existential dynamics.

The zodiac signs, for example, do not rigidly define “who you are.” They are archetypes that represent energy styles. Gemini is not just “curious”; it represents the need to explore, communicate, and connect ideas. Pisces is not merely “sensitive,” but symbolizes the impulse to dissolve into something greater—to seek unity and transcendence.

Studying astrology, then, is not about predicting the future or labeling people. It is a practice of observation, symbolic listening, and inner dialogue. It requires patience, study, and an open mind—one that can move between reason and intuition.

For years, I’ve been writing and creating content on these topics. And if there’s one thing I’ve learned, it’s that the real challenge is not mastering the techniques, but communicating the ideas clearly and accessibly—using language that honors both the depth of the symbol and the intelligence of the reader.