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SECTION 1

FISHING

We went out on the rocks and the fish were biting not out on the front but out on the side, what they call the PEBBLES. Where the fish were biting in the very best spot it was just that little bit difficult for footing. It was a matter of hopping from rock to rock and I saw a couple of fellows have nasty falls. I didn't want to get involved in that so I chose a rock a little bit away - maybe only 15-20 feet away, nice and safe and not getting too much splashing.

There are too old fellows there - not as old as me - in their forties and they seemed able to handle their rods alright so I picked a spot between them and started fishing. I couldn't get much of a go on for a while, but once I had all my gear right I caught a fish and started handling it and got the feeling of it and then they started coming one after the other. I was getting eight or ten an hour for a few hours. By that time I had got cold and tired and went back in again.

The fish weren't biting as well as I would have liked them to. There have been plenty of times I have been able to get the fish a bit quicker. Like the time they were on at Indian Head and I got Liana out on a rock and I'd throw in for her and as soon as the bait hit the water the fish would grab the bait and I'd give her the rod and she'd wind it in. And she got 29 fish that day. That's what I call good fishing.

There was one day that I got out on Waddy Point by myself and the fish were on and I just kept on throwing out and pulling in a fish and there wasn't a soul there with me. And I thought how long is this going to go on for. So I thought when I've caught fifty I'll knock off. So I caught fifty and I knocked off and went back and cleaned them and took the frames and I was all set to bury the frames to dispose of them when the fellow from the tent near by came along and said can I have those and I said Yes. So he showed me what he wanted them for. He had a long metal bit of water pipe about 6 or 8 feet long and on the end of it he had a shotgun cartridge. It was set up so that if you push the pole onto a shark's head it would explode and kill him. So he took my frames and tossed them in the water.

When the sharks came swimming past up very close he leaned over and pressed his gun on its head and it exploded. The poor shark went into a paroxysm of dying and threw itself up on a rock at our feet. Young Roy was there and he took some pictures of it, which we still have.

After thrashing about on the rocks, it slid off into the water and the tide started washing it away. The fellow who shot it was very upset to be losing his catch and wanted to jump in the water and bring back the shark. It was about 10-11 feet long and you could stretch your arms around its width. It would have been a hell of a job to drag it back. To complicate things, there were three or four other sharks in the water with it. So we restrained him physically and he had to be content with just the

THE BOOK - FIRST NOTES
BY JOHN MILLS

photo. We got them developed and sent them to him. It was a very exciting little moment.

WRONGDOING

Wrongdoing is always wrong. Whether you know its wrong or not. If its wrong you'll be the poorer for it. Just because you think what you are doing is the correct thing doesn't mean that it is. People can go through life with poor speech never knowing how poor their speech is. Because their speech labels them, doors are closed.

People can go through life with poor manners unknowing that their behaviour is not pleasant and they are poorer for it. They don't know that they have poor manners. Just the fact that they don't know, doesn't make it any the less wrong and the harm that it does is just as harmful whether they think they are right or wrong.

So it seems that your life is spent in trying to find out what is the right thing to do.

SCHOOL

When you are young, you go to school to learn. Well they don't teach you much about what the right thing to do is. Children are held captive for about six hours a day, 5 days a week about 40 weeks a year for 12 years. That is 14,400 hours that children are held captive. And instead of teaching children what is right behaviour and what is wrong behaviour, what behaviour is good and will benefit them and what behaviour is wrong and will harm them, the teachers and the education system spend that time teaching a

whole lot of hogwash, rubbish that is forgotten.

They do learn how to interact with other children, but sometimes that is harmful. They can learn from other children to steal, think wrongly.

BASICS NECESSARY FOR A HAPPY LIFE

You have to learn as you grow older that there are certain basics that you can't avoid if you want to lead a happy life. You must have language, speak nicely. You must have good manners, in effect, being considerate of other people. You must pay your debts on time, drive your car carefully, earn money and look after the money. So a person all through their life has really a task, and that task is to know and learn what is right and avoid doing what is wrong.

So the education is to get your thinking right with regard to riches, its your thinking that will make you rich or keep you poor. Get your thinking right and you have a very good chance of leading a good life. Your life will be right.

YOU CANNOT BE TAUGHT

During all the time that children are held captive in the classroom, there are certain basic truths that should be learned. That is that learning should continue all through your life, another that its each person's responsibility to learn. It is no good sitting back and relying on being taught. There is too much

idea in the classroom of the teacher coming into the classroom and teaching the children. This isn't helping the child. The child should learn that it is his responsibility to learn things. The teacher can point out what is to be learned and it's the child's responsibility to learn it. It is every person's responsibility to learn, not just the child but all through your life, at every age of your life there are new things to learn and it is your responsibility to learn it and if you don't learn it you will be going on with actions and behaviour which is wrong. And you will be poorer for it. And those around you will be poorer for it. If you get your thinking right and keep it right, it follows that your life will be happy and successful. And if you get your thinking wrong, then it follows that your life will be unhappy and unsuccessful. Just as poor speech labels you at the first impression, you just have to learn to speak correctly. Another basic truth is that dishonesty is easily discernable by others and keeps you poor financially and in your own self respect and effects your overall happiness. You never get away with dishonesty. In fact, you never get away with anything, but we'll come back to that after.

MONEY IS NOT THE MEASURE OF BEING RICH

Children should learn and adults should learn, everyone should learn that ^{earning} riches are only a very small part of being rich. For example, here in Australia we are all rich. We live

under a system of peace and stability which is a form of richness when you compare it with places where murdering, political murders and pretty awful things go on in the government. If you can have a happy home relationship this is another form of being rich. If you have a clear conscious, you are not worried about things catching up with you. That's a form of being rich. If you can earn and keep the respect of others, that a form of being rich. Good health is essential for being rich. Self respect is essential for being rich. Freedom to move around as you like is being rich. These are all examples of riches that people don't consider. They think that riches are money. Well that's far from the truth. Money without these things I have mentioned is insufficient. Money makes it easier to obtain those other riches, but its not the money, its the other things that are the riches. The pursuit of money is worthwhile only in so far as it enables you to obtain these other riches. The beautiful thing about money is that is does make it easier to have these other riches. Possession of money doesn't automatically give you access to the riches of the world, you have to have correct thinking to go with it. There are many examples of people with plenty of money and they have very poor thinking and nothing they can do will ever make them rich, poor devils.

ILLNESS IS PREVENTABLE

There are other things that people should learn. They should be convinced that any illness is caused not by accident but by

actions which are often controllable. Not always, but most illnesses can be avoided by the person. For instance, if you don't smoke, cigarettes can't give you cancer. If you lead an active healthy life and eat good food, you are going to keep your body in good condition which will help you to fight off sickness. Then there are the terrible accidents that are caused by sheer foolishness, like diving into shallow water and breaking your neck. It's controllable, you have just got to look out for shallow water and broken necks. There are plenty of examples around for people to be warned by other people. Big letters emblazoned "THE PRICE OF LIFE IS ETERNAL VIGILANCE." You have a very big chance, if you have poor driving habits, if you speed and race around, drive unsafe vehicles, you have a big chance of being injured, sometimes killed, quadriplegic, paraplegic all from a simple thing like bad driving habits.

Fatness is a form of not being at your top physically. Usually from overeating and under-exercising. Mental illness possibly from poor diet and responses to stress. The prevention of illness is a basic skill which can be learned and it should be learned at an early age to get the benefit of it.

HONESTY MAKES YOU USEFUL TO OTHERS

So I'm talking about the riches of the world, how money helps you to be rich, but possession of money helps, but its not the whole thing. Now if a person is honest, his usefulness is magnified and therefore what the community pays him, in way of remuneration is magnified. If a person is honest people will trust him and he will be better off for it. If he is dishonest, if he can't be trusted, he really is not much use to anyone and his pay is small.

One of the basic principles of being successful is being trustworthy you automatically just about guarantee a successful way of living. Being trustworthy doesn't mean not stealing, it means that if you say you are going to do something, you do it. If you are expected somewhere at 3.00 o'clock you be there at 3 o'clock. You are punctual. Punctuality is a form of honesty. Trustworthiness has been described as being obedience to the unenforceable. There is that great Reader's Digest article about integrity . If you want to be successful having integrity just about guarantees it. And trustworthiness means obeying the moral rules. Not just not stealing, but being trustworthy.

If you want to have a happy life you need to have self respect. You can't be happy if you haven't got self respect. That means a satisfactory opinion of yourself. You are going through life with yourself. You are going to spend all the days of your life

with yourself, you can't get away from yourself. If you don't like the person you are, no riches will make up for it. So one of your jobs is to build self respect. Ways of building this is being kind to others. Be honest with yourself. Guard against deceiving yourself. Build a history of successfully doing worthwhile things. Build reliability. If you decide to do something, persist until it is done. Avoid doing anything that makes you feel bad, for example, lying, cheating, stealing, these horrible things. And keep yourself looking good to yourself. You feel good about yourself. Self respect is learned by doing. It is confidence in yourself. Knowing you have done the right thing and will continue to do the right thing. And your self respect is harmed if you do something wrong. You are not going to feel too good about yourself. But it is no good getting into a terrible hassle about it. If you do something wrong, realise that everyone is fallible. You can regain your self respect if you try to put it right and if you determine not to repeat that past mistake.

YOU GET AWAY WITH NOTHING IN YOUR LIFE!

And carrying on from Self Respect is the thought that all through your life you will get away with nothing. Whether the outside world knows about it or not. If you do something wrong, you suffer. Whether the outside world publicly humiliates you because of it is of little consequence. That a very minor part of suffering. You'll suffer by a hundred thousand ways without

every being publicly punished. If you do right you benefit, do wrong you suffer. Only a few wrong things are punishable by law. But society and nature impose their own punishments. For example, being unkind to others is not a criminal offence, but it makes you feel bad and makes others correspondingly unkind to you. And it effects the people around you, the community you live in. But on the other hand, being kind to others makes you feel good. Makes others think kindly of you and it effects the community beneficially. Now I know this seems incorrect, that you never get away with anything. Some sort of a truism I have just thought about. Well, you think about it. I know you can say I can point to countless examples of someone doing something wrong and getting away with it. Well ask yourself, what have I ever done in my life that was wrong and that I have completely got away with. I might have deceived everyone else, but I still had to live with it, and it was one more little strand to pull me down and effect my self respect. I had to live with it. You have to live with it. We all have to live with things we do wrong.

Perhaps give an example of doing something and not getting away with it.

OUR PURPOSE FOR LIVING

Its very important that your life has a purpose and that you know

what you want to achieve in order to be rich in all its varied ways. And you direct your thoughts and activates toward that.

There is a saying "MOST PEOPLE ARE TOO BUSY WORKING TO MAKE ANY MONEY." That is a magnificently paradoxical attention-getter. What I think it means is that most people are too busy working to earn money and doing things which will not add to their success, content and happiness. They are too busy with those other things to ever achieve success, contentment and happiness. They are too busy filling their days mindlessly to become rich in the many and varied ways of being rich and not just money.

I was talking previously about doing right and doing wrong. There is one tiny little flaw in our reasoning and that is that one can be thinking that one is absolutely right and doing everything absolutely right and in fact be pretty well as wrong as you can get. So there is a little test that one should perform when one is quite sure that one is right. When you know you are in the right, especially in controversial situation. If you know you are right and the other person is absolutely wrong, then the little test is, to take a quiet moment, in the quiet of your own thoughts, and pretend for just a tiny moment, that maybe there is this very small chance that you could be just possibly just the slightest in error. It could be like lifting the small corner of a curtain, looking into a lighted room and we see many things. So it seems as if the job for young children and adults in any time of their life is to achieve a knowledge of what is

correct and what is incorrect. I mean that there is a difference between right and wrong and correct and incorrect. Right and wrong have a moralist meaning. Correct and incorrect are related to what is correct or incorrect in a particular situation. If it is correct it will lead on to improving your position, if it is incorrect, it will go the other way. So there is the difference, And Perhaps I should be saying correct and incorrect, instead of right and wrong.

Also, we now have to get on to the situation of what are we doing in the world. What is the purpose of all these little humans running around. Are we a plague upon this beautiful planet or are we doing some good in the overall scheme of things. Well, its hard to know what the scheme of things is unless you take the bible, which says we are descended from Adam and Eve and so on. We have to look at the universe as some huge infinite number of stars and planets, as huge to us as an ant in the middle of a desert in the middle of Australia. The ant can see grains of sand as far as he can see, he doesn't know how far these grains of sand go on. We don't really know how far these planets and stars go on. So we are pretty small in the scheme of things, but we have to just more or less do the best we can, and think out things the best we can. We see that we have a lovely planet, we are know able to communicate from all parts of the planet with each other. I see that parts of the planet are very poor and part are very rich. The people in parts of the planet like India are very poor, we in Australia are really very very rich. We are

all immensely rich compared to the other people. I can only relate this back to a country. We have planet now with inequalities and we are all very happy to be in the rich part, and perhaps the time is going to come when the poor part are going to take steps to change this. But we can equate it to a country like France before the French Revolution, when we have these numbers of poor people and a few aristocrats. The aristocrats thought they were meant to be aristocrats for ever and ever, and the poor people should be just there to do their bidding. Well they found out that this wasn't to be so and the poor people had their own feelings as well and rose up and put a stop to the aristocracy by means of the guillotine. It was a great shock to the French. Perhaps, in years to come it will be a big shock to us that we will be deprived of our position of power and strength and wealth. In Australia we are particularly vulnerable as we are surrounded by poor people, as is South Africa. Australia is surrounded by poor Asian people, Europe seems to be pretty safe because there are huge numbers of people on a similar social strata. But Australia is a little island tucked away down under and we may get tossed out. We may somehow or other be sacrificed for the common good and overrun with immigrants who are forced upon us. This would be the kindest thing. On the other hand, we may be forced to leave, we may be murdered, killed by an invading nation. It only needs, say the Russian people to gain an immense superiority in nuclear warfare and they would start laying down terms for the betterment of the world. And they say its unfair for Australia to be so sparsely

populated and people in Australia be so wealthy and therefore they better get out or except 50 million Asians, or 50 million from other countries and except a lower standard of living, or else get out. So have got to think of the overall world picture. It does seem that while we have America to protect us they are not going to allow something like that to happen, if they were forced into a position, they may let us go. In which case, we have had a good innings. We've had a wonderful life here in Australia and if it has to be it has to be. Perhaps it won't ever have to be, but it may. But we should be looking to a world in which these inequalities of financial wealth are not so pronounced, and it would seem that there will have to come a day when there is minimum standards of governments and wealth for all countries of the world. For example, the ~~Idi Amin's~~ in Uganda, that type of government where murders and poor government is allowed to continue ^{and} those governments fail to meet a minimum standard, and inspectors ^{have to come in and} could come in and inspect government and check out their standard so that the people are not subjected to ^{unhappiness}. And that such a government would be removed. And another government substituted which would perform a minimum standard of government. I think that probably is not too far in the future. I think President Reagan did something like that with the little Island in the Caribbean, Grenada, where there was a pretty bad government and he stepped in with his troops and changed things, and then let them go back to governing themselves in a better way. We have the spector of Ethiopia where millions have starved to death simply because of a very poor government

there with some people making themselves rich at the expense of the poor people. That does not meet the minimum standards of government. There should be such minimum standards of justice in countries and the richer countries should be prepared to pay towards helping the poorer countries. Just as in Australia the richer people are expected to help pay a minimum standard of living for people less fortunate than themselves. So richer countries should be prepared to make a financial sacrifice for the purpose of bringing poorer countries up to a minimum standard. I don't think that having everybody on the same standard is going to be practical. But at least get a minimum standard and perhaps we should be looking forward to a day when there is equal opportunity for all. When the population of the world is kept at a figure which is able to be supported reasonably comfortably. It might be 10 billion, or 20 billion, whatever it is, but with our modern methods of providing food, the planet could quite comfortably carry 20 billion. Whereas at the moment it is carrying 5 billion. But those people, every one of them should have the minimum standard of government, justice, food supply and shelter supply. If we look at this as the goal, it gives us a place in the world. It is pretty tough to be just plonked here, a little ant in the middle of the desert and not know what we are here for, except that we rush around and build a house and keep the rain out and feed ourselves. Well, the little ants don't seem to worry too much about it, but we tend to think what are we here for. We are here for some reason we don't know. Not entirely sure, its just too vast for the human mind to

comprehend But whilst we are here, lets at least have everybody on a similar standard, and lets not be cruel to others. Lets be kind to our fellow man and lets live our lives in a kindly way, but at the same time, in a useful way so we would be expecting the world population set at a limit, that the people in the world have a minimum standard of living, and apart from that, its a question of people doing what they can and looking after themselves, their family, their community. Looking after the animals, plants on the earth. Making sure there are plenty of nice whales swimming around in the ocean, that species are not made extinct by man, through carelessness. That forests are allowed to perpetuate, that humans are living comfortably, that animals are given habitat to survive and so on. So perhaps that's as good an overall plan as we can have, and then we come back into our own little niche. We work to provide for ourselves and our immediate family, for our community, for our country and for our world. I think this is what we are here for. Well once we get a place in the universe, we can say this is what we are here for. It gives us some sort of feeling of usefulness, a belonging, perhaps gets rid of our guilt feelings about what we are doing to the world. People feel guilty about what we are doing to our environment because as soon as some ratbag conservationist gets up and says there is a road going through there ~~everyone~~ ^{some} climbs on the bandwagon. Not because of the little road which is perhaps doing no harm at all, but because they have this need to say I am doing something to stop the world being spoiled. So we have to get a purpose in life. We have to

get a place in the universe.

WE ARE ALL KINGS AND QUEENS

I suppose that I had better start talking about how we are all Kings and Queens today. When you think that King James the 6th had a terrible tooth ache and had all his teeth removed when he was quite young and was never able to have the joy of chewing things, and he was the King of England and King of Scotland. Its a pretty sad thing for a King to not be able to have the benefit of teeth and yet nowadays anyone on medical benerits can get teeth free. Kings died of all sorts of things. They died of appendicitis, something that you don't die of these days. The king had no motor car to drive around in, no airplane, no ship to sail the oceans in. The knowledge that the king had was minuscule compared to the knowledge that a schoolboy has today. So when you think about it, we all are better off than even the wealthiest people of previous years - materially that is. I suppose the Kings and Queens had great power of life and death over their subjects, they had people waiting on them hand and foot and in that respect they had a big advantage, but we are all very well off, certainly in Australia the poorest people are well off. It's only that they make themselves less well off by getting their thinking wrong. And instead of enjoying the benefits that the world holds for them, they get into destructive habits which ruin them. So to be better off than the Kings and Queens of old, all you need do is to get your thinking right. So if you want to be immensely wealthy compared to the people of

olden days, just get your thinking right and everything else is free. Your hospitals are free, you live in lovely houses at a very small cost, you have access to an immense variety of food kept at a low cost, and if you can't earn money, you are given the Dole. If you get sick the hospitals spend immense amounts of time and effort to cure you. So in today's world you are given such a lot of things for nothing and if you want to be wealthy, just get your thinking right.

HOW TO PASS EXAMS

There I was as a young student at Primary school with a teacher yelling at me and telling me what to do and I always managed to survive the classroom. Probably I was able to understand it. I was reasonably bright, not highly so, but always sitting in the back seat. But when I went to high school, I didn't have a teacher yelling at me and so I didn't know that it was necessary to work without a teacher yelling at you. I thought if the teacher was not going to make me work, I wasn't going to do any work. So for the first year of high school I did no work. I didn't realize, with all the teacher that had been done to me, I hadn't learned the first essential thing and that is one is obliged to learn things oneself. It is your own responsibility to learn. So I was poorly prepared for high school. After a disastrous first year, academically I got put down five levels in my grade, and in the last few months of the second year I realized that I had to do a bit of work so I sat down and did a bit of work and ~~sat down~~ and managed to pass Junior by the skin of my

teeth. Then I did Senior at night. Didn't do very well for the first year of the course and in the second year managed to scrape through again by the skin of my teeth. Never really knowing that it was my responsibility to learn. Eventually I had to go to teachers training college. And again I sat there like a passive block of wood and let the teachers teach me and learned nothing very much but the exams weren't onerous and I was able to get through with about a week or two's cramming at the end. Not interested in learning anything, simply aiming to pass the exam. Still not a student, still not knowing the fundamental truth that the responsibility is to learn things yourself. I was always waiting to be taught. Then when I started teaching, I was busy ramming things down kids throats instead of encouraging them to learn for themselves, I was going to teach them, and superficially that was effective. But that was not really doing the kids much good. Then I had to study at night. Again, I would just manage to cram enough at the end of each year to pass - still not knowing the fundamental truth to find out what had to be learned and then learn it. But I got a little more sense as the years went by. I left teaching and ~~studied~~^{3650.00} for 5-6 years and then came back to it. When I came back to it, I was still a very poor student. I went to the Queensland University, expecting, once again to be taught. The turning point in my student life was the occasion of a visiting lecturer from Ireland, Professor Brady who was giving a Public lecture to which the students were invited. Of course, I wasn't going to go along, but a couple of my friends went along, and when they came back I asked them what

he had said. His words of wisdom were this: "A good student never learns more than he has to." This was almost heresy, because all our lecturers had been saying you must read around the subject, you must read all the reference books you can. You must study all the different aspects of the subject and then you will get good marks and you will know the subject. And here's this Professor Brady saying you never learn any more than he has to. Well this was a turning point in my life. I received the information second hand, but it must have fulfilled something in my mind, or my mind must have been ready for that little seed to be planted. It didn't seem to do the other students much good, but it did me immense amounts of good. And I tied it in with what another friend of mine, Donny Ash, had told me when he took up medicine. He was a very poor student. He scraped through his senior and when he was doing medicine at University (in those days you could get in provided you could pay) I asked him how he was coping with all that study. He said I'm a terrible student, but I'm a good exam passer. I didn't know the difference. So he explained it to me that you are there to pass the exam. You are not there for any other reason but to pass the exam. So I had received that bit of information previously which I had treated with some disparagement, and then Professor Brady comes along and says you don't learn anything that you don't have to learn. It fitted into my mind and I came up with my own theory. And that is A GOOD STUDENT LEARNS WHAT HE HAS TO LEARN TO PASS THE EXAM. He finds out what he needs to know to pass the exam and he learns it and then he passes it. If all he requires is to get a pass,

its pretty foolish to go ahead and get a distinction. This isn't the purpose of the exercise at all. He is there simply to pass, so why get huge marks. Why waste time learning things that you don't need to know in order to pass. So a good student aims for a perfect pass. And from that it came to me that we are doing an exam to obtain a degree which will open previously unattainable doors. And it doesn't matter if you get high distinction or just ordinary passes, you still get the degree. So you should spend your time finding out what you need to know and pass, and that is what I believe is the crux of being a good student. To do more than that is to waste time, and when you are young, you haven't really got time to waste. There are other important things to do and think about, to observe and to experience in your late teens, early twenties. In fact, it is a sign of weakness slaving away to get high marks if you don't need them. On the other hand, if you want to specialize in something and it is absolutely essential for you that you get high marks, then you use the same policy, you say what do I need to know to get these high marks and then you learn only that and you get the high marks.

To find out what you need to know, you must study the examiner and not ^{necessarily} the subject. It is most unfortunate if you don't have access to the examiner, in that case you must study past exam papers. But if you have access to an examiner, if he is lecturing you for three hours a week and he is quoting away and talking to you all this time, you study him pretty carefully and get a fair idea of what he wants his accent is on. You are there ~~for~~ one purpose only to get a degree which opens doors. In order

to get a degree you must pass exams. You have to attend lectures and study the examples, find out what he wants you to know and then learn what you need to know and reproduce it at exam time. Also, another lovely thing about written exams in particular, is that you only have to know certain information for a period of 20 minutes or so. If you only need to know something for 20 minutes, why learn it so that you know it for 20 ^{days} ~~years~~, or 20 weeks. So what you do is reduce everything you need to know to two or three foolscap pages of notes and then you learn those notes very carefully so you can reproduce them. If you need to remember 10 things to get the maximum marks for the question, it is foolish to produce 8 things or 9 things to the examiner. To produce 10 points is very simple. It is just as simple as producing six points. You do a little mnemonic to help you. And in the exam, you write down the 10 points so you have the bones around which to expand. Then you go to the next question, and if you spot one which you have prepared well, you do the same thing, then you know you have two done well. There may be five questions in all, and you may not be as well prepared on the other three, but you now have time to think about them, and dredge out of your mind every fact you can to impress the examiner that you have some sort of knowledge. But if you can produce one or two question really well, you put the examiner in a good frame of mind to give you good marks on the other questions.

IT WILL HAPPEN TO YOU

If you want to be successful in life, learn what you need to know to be successful in life then figure out what you need to know in order to be successful in life and learn that. Nothing can hold you back except wrong thinking. If things are not going your way, its your thinking which needs changing. I think I should talk about why it that people who know better, do something which they shouldn't. People know that if they smoke they run an unacceptable risk of sickness and death. Why do they continue to do it. Soldiers go off to war happy and in high spirits. They know war kills soldiers at an alarming rate. They know they are going to get shot at, blown up, all sorts of dreadful things. If they are doing it to the other fellow, they know the other fellow is doing it to them. They know that they are running an unacceptable risk and yet they treat it as a bit of a joke and an adventure. Why do they do that? Young people go out in their car and speed along the road, and they drink and drive. They know they shouldn't do it. They know they can be in a terrible accident and kill somebody, or themselves. They know its wrong, so why do they do it? Criminals know that if they steal, murder, they run a good chance of getting caught and going to jail. Why do they do it? I think I know why they do it. It is because they believe that it doesn't apply to them. Sure they smoke. Some people die of cancer, but it won't happen to me. The soldier goes off to war. He's happy because he knows that he won't be killed. The speed demons on the roads are totally unconcerned about the deaths and the mutilations because it won't

happen to them. Criminals that steal, etc, they are sure they won't get caught. For goodness sake, believe this:

IT WILL HAPPEN TO YOU. YOU GET AWAY WITH NOTHING. *Accepted*

Why do some people sail through their life as if life was meant to be easy. Because if you look at them, you will see that they believe that if they go against correct behaviour it will happen to them. They know and believe that they will get away with nothing. As a result, their life seems to be so wonderfully easy. Its the people who believe that it doesn't apply to them that have a most unhappy and unsatisfactory life.

You are meant to drive on the road safely. If you want to do that, then you must keep to the rules strictly. Now my saying this doesn't teach the reader anything. I can't change YOU. I can only expose you to this piece of knowledge. What you do with the expose is entirely up to you. This is what you must learn. That is it entirely up to you to learn the things you need to know in order to lead a happy and successful life.

AXIOMS FOR LIVING

I will now try to set out some Axioms for living. For example:
Knowledge is a pre-requisite for happiness.

Its your thinking that makes you rich.

(How you think determines whether you are happy, rich, poor, miserable and of course, riches don't mean just money.)

If you gamble against the odd you will lose. The more you gamble, the more you will lose.

All ill-health has a cause. Mankind is comprised of survivors who have survived the most horrendous conditions, and despite all odds they have survived. The human body is a product of the difficulties met by previous generations and it has been refined into a very well-built machine. And if it becomes ill, it is ill because of a cause. *Believe that. Often we have no idea what the cause is. But be sure there is a cause of the illness. It is not the cause.*

You get away with nothing.

You can change no-one but yourself. The only way to help other people to learn is to expose them to knowledge. Its up to them to act on the knowledge.

The worlds resources are finite. The number of human beings who can live happily on the earth are finite and will eventually need to be controlled.

Another axiom is the one I refer to as the perfect secret. You cannot learn it unless you are ready for it. ~~That~~ ^{ultimately} woman is responsible for the continuation of the race. ~~And~~ ^{MAN} man is the servant of woman in that respect. Women control men by allowing them to believe that he is superior because he works better that way and carries out her requirements better that way. Now if you are a man and can't believe it, fine. It works quite well without you ever believing it. But if you do understand it, it makes life a lot easier. You will realize that to make a woman happy, it is incumbent upon a man to protect her by his strength

from the hardship of the world, and to protect her also from his own strength. It is necessary for man to accept that she has the power of veto and be prepared to accept that veto in those things which she decides are important, and go to the heart of the marriage and her sacred task of continuation of the race. If you are married to a woman whose power of veto you cannot accept in important matters, then you are building up trouble for yourself and for her and the children. It is essential that you never try to use your physical strength or financial strength to overcome her power of veto. For women to make a man happy, it is necessary for her to let him know gently what she needs accomplished and then let him go about the day to day accomplishments helping him to achieve what he can and comfort and reward him with her love and encouragement. And when it is necessary to use her power of veto, do it as gently as possible so he remains strong to carry on. If he absolutely refuses her power of veto, she must leave him and find a man who will. If a man is out of control, and that is using his strength against his wife and family, then she must be firm and withdraw herself and family from him. Man is very vulnerable and a taste of this whip is usually all a sane, sensible man needs. A wife should never use her withdrawal of help and love and encouragement in any situation other than when he is totally out of control. It will only weaken him and if she weakens her strong man, then she weakens herself.

You cannot be taught anything, you can only be encouraged to

learn and be exposed to knowledge. All education is self-education. That is each individual's task to learn what is needed for him to lead a happy life. A good student learns only what he needs to know, in exposing a young student to only this, an educator has a grave responsibility. Certainly much of the knowledge offered by school and university and insisted upon by those institutions in order to gain degrees, usually this information is not what he or she needs to know, but reflect the easiest option of filling in the time and maintaining an acceptable number of graduates. For instance, to insist on young minds studying Shakespeare in depth is self defeating. It shuts the mind of the students to literature and Shakespeare. It is far better to find the portion of Shakespeare which appeal to young minds and give the student a taste which he can follow up in later life if he feels the need. For example, we all know Shakespeare was a genius who had a wonderful way of expressing his thoughts so that we could feel what he felt. This was his genius, and the stories that he told were pretty far fetched and not terribly exciting, but the way he said things was his genius. For example, the soliloquy TO BE OR NOT TO BE, and the one FRIENDS ROMANS COUNTRYMEN LEND ME YOUR EARS. And he would say little things like Come into my garden maud for the black bat night hath flown. That always appealed to me. He goes on about "A Rose by any other name would smell so sweet." He has that wonderful speech by Palonius to his son, Lady McBeth's wild speech about "Out, Damn Spot, Out I say." This is all interesting stuff that young people can take an interest in, and

get a taste for literature and self educate themselves by burrowing deeper into it as the years go by. There are other poets who challenge your minds and produce things and show the young people that these people had a wonderful talent for expressing themselves. You can challenge the young mind to produce, in their lifetime, one line of English which will live in the language. They haven't got much chance of meeting the challenge, but it is a challenge. *the challenge is to produce something that will last for the rest of their life*

The aim is not to teach the students to know the story of Hamlet, or MacBeth, it is to let them know that there is a wonderful way of saying ideas and expressing them in words, and the great literature of the world is a legacy to men who have that ability *to use it*

A young person needs to know that knowledge is available to *use* ~~use~~ all the days of *their* ~~our~~ life. That what schools offer is only the beginning. It is up to *them* ~~them~~ to educate themselves. No-one else can do it for *them* ~~them~~. That their well-being and happiness depend upon what they absorb into their minds to help them through their struggle through life, that honest, integrity, punctuality, kindness, dependability, persistence, are *skills worth* ~~skills~~ learning.

That what you think determines whether you will be well-off wealthy and happy or poor, unhappy and in ill-health. Perhaps we could suggest to them that the purpose of life is to leave the world a little better for having lived. That perhaps it is to survive and help our children to survive and our country to survive. We benefit from the world being beautiful and we have a responsibility to help preserve it. Young people need to know that methods of government and justice make a vast difference to

the quality of life of each of us and our system of parliaments and elections and courts are all necessary for our happy and productive lives.

We have to be useful if we are to earn a living. Our skills need to be in demand. We need to have a knowledge of commerce and industry and financial matter generally. It is important to have a general knowledge of these things as well as a special skill so that we can always be of service and able to earn our own living as well as helping our fellow man.

Young people should be taught that there are two different types of skill in relation to money matters. One is that you have to have the knowledge to earn money. There is an entirely different skill which is the knowledge of how to spend the money wisely once we have earned it and retain some of it, and invest it. Don't overspend. Save a little for security, record our money dealings. Know something about improving our financial situation by investments to maximise the benefits of our work. Most importantly they need to know the effects that inflation has on their savings and investments. Money is really stored up energy. If you can produce a bit of money, you can make things happen with it. The citizen needs knowledge on how to get on with his fellowman. How to rest, recuperate and recharge. You can't keep on working hard.

Sitting quietly and thinking is a vital activity in life. We are today benefiting from the thinking of previous generations. We must do our share to make the world better for future generations. So we have to get this knowledge across to the

young folk.

Sport prepares us for the more serious challenges which are a part of living.

Work is a meaningful activity and a fine source of happiness.

I would like to know something I have never been able to find out really, but I think it is a vital part of information. And that is out of a total population, there are a certain number of children who are getting ready for life, there are old people who are retired from working, there are the sick and handicapped who can't work, there are the public servant who keeps the country on an even keel. And there are defence forces to protect the nation. How many are actually producing the goods we consume. How many are actually producing the goods that we sell overseas. Young people should understand basic economics so they can understand how their country is being governed, not blindly following the demagoguery of politicians.

Young people should know of the struggle which has taken place by mankind to improve themselves. Often the struggle has ended in disaster. There are some leaders who have caused immense suffering in the name of national patriotism, for instance, Napoleon, Hitler, Kaiser William.

They should know how innocent and beautiful races have been plundered and destroyed by the stronger races. Not because they were wicked or foolish, but simply because they were weaker. For example, the American Indians, the Australian Aborigines, the Aztecs, the Negroes. These are very sad commentaries on the

behaviour of previous generations of the white man and those mistakes should not be repeated. They should realize how power corrupts, and absolute power corrupts absolutely.

We are the first few generations of mankind who has access to immense body of knowledge. to have access to immense entertainment, leisure, comfort, medical assistance, security, ease of travel. Man survived for thousands of years without these things, so he doesn't need them for survival. On the other hands, we are not going to say no to them. But ^{there} ~~their~~ is more to life than leisure, entertainment and university and libraries, and travel. We are the first generations to have mass media presenting ideas before us, including advertising. Which is a form of mass mind control. The importance of making decisions in choosing leaders. The greatest defence against the problems we face in the world is the knowledge in the mind of each voter who has the task of choosing our leaders and directing how we need our society ot develop.

AMBITION

It is the ambition of the individual to obtain what he considers to be important to him. You could "To be Wealthy", as long as you realize that it wealthy in all the ways that it is possible to be wealthy. It is that ambition which is the fuel which makes the economy active. Take away that fuel and the engine stops. The act of the capable entrepreneur is essential to a sound economy. He can usually provide the necessity for himself and

his family without too much effort. But if you take away the chance for him to improve himself and continue to improve himself, you stop him at that point. Its the suppression of individual ambition that leads to stagnation. In communist countries where they don't like people to get too wealthy, the leaders are enticed on by the prospect of enjoying the perks of power. If there weren't this incentive even communism would fail. In a state controlled communist country, the ambition to hold and exercise power over the people is a stimulus which encourages the leaders to emerge. It is a dangerous erosion of the freedom of the individual to be on the receiving end of that. But in a democracy, a Capitalist society, the ambition to hold property and all the benefits of being well off is a stimulus which makes men and women work. Its a nice safe simple ambition which benefits the economy generally and does no harm to people's freedoms. Each man and women works in the expectation of obtaining wealth ^{to enable them to live better} according to his or her contribution. If you effectively remove that person from the hope of increasing his/her wealth, then the incentive to work is removed. If Each capable entrepreneur's incentive is removed, it means a lowering of production and less employment etc. Take away the incentive or leaders, straight away things go backwards. There is so much to be done in this big empty continent and encouragement, incentive will lead to a general feeling of wanting to achieve. And we can't expect men and women to work to accumulate things if it is ripped from them by inflation and huge taxation (capital gains tax, wealth tax etc). You must leave the other fellow ^{alone}

something. And unemployment is the result of the active and capable entrepreneurs not wanting to work. Get the active doers to work and all the jobs you want are opened up.

THE ANALOGY BETWEEN DISOBEYING TRAFFIC LIGHTS AND
DISOBEYING THE OTHER LAWS OF LIFE AND NATURE

We could say that out of those who don't obey the traffic laws, one driver in 10,000 is put to death. For instance, something similar to the Roman legions. If they mutinied, there wasn't much point in killing every soldier who mutinied, so they would line them up and put one in ten to death. They called it decimation. We don't call it decimation. We call it an accident when someone gets put to death, but the statistics are there that out of so-many cars on the road, there will be so-many accidents and so many people will die. An accident is really the punishment meted out by nature for disobeying the rules.

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One should ask oneself every now and again four questions. Are you well are you happy are you safe are you becoming wiser and stronger. And a parent can say that when thinking of their child. Is my child well, is he happy is he becoming wiser and stronger. Is there anything I can do to help in with his struggle through life. Sometimes it is necessary for parents to stand aside and let their children make their own way and do their own thing. It is important for parents to be prepared to stand by their children when they are needed and also to stand away when the children need room to move.

I am not sure that it is an entirely good thing for people to be able to plan when to have children. I'm glad that I wasn't able to decide when the children came along. I'm sure that I would not have been as happy if I had had to make the decision. Each of the children came along without any conscious effort and decision on our part. I only wish that we had another two children. When we decided a few years after Roy was born, it was not to be, the recipe was lost. Two lovely children were left hanging out there in the Cosmos and I grieve sometimes for the two children whom I could easily have afforded both in time and financially and who I will never see. If they were like the three children we did receive we have lost a great deal by their absence.

Young people are simply not ready to make a decision as to whether they want to have children or not. It is so easy to put off having children how days. When your first child is born, the

father is pretty non-committal about the whole thing. He thinks new born babies are pretty red and rather plain. It takes ^{about} ~~about~~ ^g ~~ten-months~~ ^{ten-months} before the little children start growing and walking and throwing their arms up to be nursed. Their little hands to be picked up - you sort of get the message. Little children teach you about little children. You realize what a great joy they are. But until they come along, you don't really realize what a great joy they are. You find that you are turned into a human being by the presence of children. And your heart is completely won and you realize how lucky you are. Young people, I believe are really not wise enough, they don't know enough about what life is all about to make a decision about whether they want children or not so they think they are, so they make a decision not to have any children. They miss out on a great deal.

Also, married life is pretty empty without children. They are very essential for grandparents, uncles and aunts to give support to the young parents, make it easy for them and the children. It is very important, and of course it is missing in today's society with nuclear families separated from their other relatives, living lives in different suburbs. So although we have gained a great deal in material things, we have lost something in the fact that families don't grow up together and stick together. There is not the same emphasis on cousins and other members of the family as there used to be.

Getting back to what the book is all about. It is that good habits, a knowledge of the world, a knowledge about handling

THE BOOK - FIRST NOTES
BY JOHN MILLS
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money, character, integrity are all part of the assets of a person. A person can be rich without having a lot of money, but I believe that these things almost inevitably lead to a person accumulating material possessions if that is what the person wishes. Health is also number one on the list, and the money. A person who is, say injured in a car crash is made poor by the loss of health. ~~No~~ one in a wheel-chair can be classed as rich. But there are many things that make a person poor. It is a shame that schools don't teach a young person what causes a young person to be poor and lay it on the line that things like poor speaking skills, poor reading, poor writing skills, wrong dress, all contribute to a person being poor all their life. Lack of integrity will hold a person back in their ~~stride~~ ^{stride} through life. One thing a parent can give a child is an understanding of what makes the difference between a troubled life and a happy and successful life which enables a person to leave the world perhaps a bit better than when he comes into it. There are many wrong tracks to tempt the unwary. These tracks lead to unhappiness. Finding the right track takes quite a bit of thinking and listening and learning.

Fundamentally, one of the hardest things to learn is that one is often wrong about things which one is absolutely certain one is right about. *2930 B1*

In the book it talks about fat being repository of poisons which get into the system and stores them in the fat tissues rather than letting them get into the main workings of the body. When a person has an operation, big dangers are clots in the legs, so

perhaps due to the operation, your body has to draw upon its fat reserves and that would release toxins into the blood stream and that together with the anesthetic through your body could be the cause for the clots.

People in their forties try to think about correct diet and look back upon how man's eating habits have evolved and it seems that originally mankind was an eater of fruits and berries and with the advent of fire. Fire was just the greatest step forward for mankind ever, and out of fire we had the very first fast food. This was an animal which had been killed and cooked over the fire. It was so much easier to prepare that sort of meal than to go out and gather berries and fruit over a large area which would take all day. If you could knock over an animal, cook it and have a huge meal in half an hour. So there we are, we have the very first fast food. And this worked very nicely. Of course with the advent of industrialization and the use of insect killing substances that the farmer used, we found the animals collected huge amounts of grass in order to manufacture their flesh which the humans would eat. So they would gather together in their bodies amounts of poison, and the person that ate the body of the animal would get the poison in their own system which would be in such minute amounts it wouldn't cause immediate damage to them but would have a cumulative effect which would eventually cause illness which would be unknown and the thought would be, what causes this terrible illness. Why have I got this terrible illness? It could conceivably be because of the animal taking in the poison, transmitting it and accumulating

it in the human body to the level where the body could not absorb it any more. So if we want to really safeguard our bodies, we should be careful not to take in any meat, flesh of animals, which have any poisons in it. How do you know? You don't. So if you can afford it ^{you could perhaps consider whether} the thing to do is minimize the eating of meat, perhaps fish from the ocean wouldn't have any poisons accumulated in them. They may be safer, and the nuts and berries and vegetables and fruit which are grown, they shouldn't have chemicals in them. But who knows, they may indeed have some sort of substance in them. However, assuming they don't have any substance in them, there is less risk with that sort of diet than there is in a diet heavy in meat. And perhaps the big mistake for people to make is to eat too much meat because of the poisons that build up. So with a highly efficient distribution of foods, there doesn't seem any real need for people to eat meat unless they need a quick charge of protein which meat provides.

Never
suggested
no
early
meat
perhaps
it should
have

Did I tell you about the Movie, Bitter Harvest, based on the true account of poison being mixed with cattle feed and resulting in 30,000 cattle being destroyed and 8 million people being more or less permanently effected. If you get the chance, it is worth watching. Ron Howard from Happy Days is the star in it. I am sure there are many many substances in our daily diet which are causing serious illness, but which we don't know about. For example, asbestos has caused thousands of workmen in industry to be seriously ill and die. For years and years nobody woke up to it. Lead in paint is of course, the classic. I think the

hormones given to chicken to make them grow quickly and the antibiotics mixed in their food to prevent infections possibly transmitted in meat and eggs to the people eating them with the results that are yet to be determined, are probably not good. Often times you will refer to the causes of sickness as psychological, when in fact it could be physical, and we don't understand what the physiological effect is.

The more one eats, the more one wants to eat. The less one eats, the less one wants to eat. Language is an imprecise way of transferring ideas from one person to another as that previous statement exemplifies. We only have one life, if you live it right, once is enough.

That if you never come back to your house to encompass all the problems involved in the old days 10. Most come down was pretty good when liberty was up. Everything had to be in line. Things have changed we need more signposts for living to point us to a good
Talk about real estate.

There is a lot to learn and is very important to ones future life. Looking back I realize how little I knew twenty years ago and how little I still know. I have made oodles of mistakes in real estate and expect to make oodles more, however, on the brighter side, I have faced and thought through lots of situations in real estate and if I don't rush into things, I can usually come up with a reasonably sensible decision or solution after years and years of experience. First thing I'd like to mention for anyone's consideration is don't make any snap decision. Think things out for yourself, take days and weeks to figure out what to do. Take absolutely no notice of real estate

salesmen. They are incompetent and more important, they are always biased towards making a sale. They are, after all, after only the one thing - a sale. No matter how charming and presentable the salesman is, think out the problem for yourself, and don't accept everything he says as gospel. Check out everything. Be just as pleasant to him, but insist that you think about things and have plenty of time to consider plenty of other properties to look at, plenty of different agents to talk to and show you various properties. Position of course is the most important quality to consider. I couldn't stress that too much. Decide where you belong in the social scale and then don't let anything prevent you from living in a position which fits comfortably. Obviously you have to make a rational decision based on your existing circumstances, by what efforts you could make to improve these circumstances. For instance, in Brisbane, we identify with Ascot/Clayfield or Asply or Kenmore or the Gap. We would be unhappy in Wynnum or Anala, yuk! Paddington, Tingalpa, Bulimba, Newmarket, Enogerra etc. Then in each suburb there are the good portions. Even in the good suburbs there are the good and not so good. For example, Towers Street at the bottom of the hill is not so good as Towers Street at the top of the hill. Busy streets to be avoided, busy corners more so, wide quiet streets with nice homes or units are the desirable positions. Closeness to transport or closeness to friends all come into consideration, security from burglars and muggers is often enhanced with the right position. Position includes aspect, that is position of the early morning sun, position of

the afternoon sun, which way the breezes come, some of the sun will be in a different position as regards where it will shine in the winter. We call that the solstice. Then there is the purely mechanical things of what your conveyancing costs will be, how much are registration fees relating to transfers, how much is stamp duty, is profit subject to income tax, non-taxable capital gains often it is cheaper to rent than to buy however, this depends on how long you intend to live in a property and this can be worked out by simply by doing the necessary sums carefully and OMITTING NOTHING! If you do buy the wrong property, it is usually because you didn't search the market sufficiently. A rule that you can follow is absolutely essential. Don't make an offer unless it is absolutely what you want for the price, as being absolutely thought out and thoroughly researched. Even though you consider the property a great bargain at that price, and that the vendor would not possibly accept your offer, do not make an offer unless it is absolutely what you want, and you have thoroughly researched the market. Offers have a terrible habit of being accepted. Many is the person who has carefully made what is considered a ridiculously low offer, only to have it accepted and regret that they didn't consider all aspects. However, when you decide that the property is what you want, that you have thoroughly researched values in the area, you have very little to lose by making a very low offer. All the time, maintaining a very pleasant demeanor. Do not be frightened to adopt a very low price, if you are pleasant enough, you could buy it at that price. Here is the principle that makes the world of

commence operate. There exists people who decide that a certain article, object or property is what they want, they will buy at whatever price is asked if they can afford it, and ^{if they} do not think they are being ripped off. On the other hand, there exist people who decide that they no longer require a certain object or property. They will sell at whatever price they can get as long as they don't feel they are being taken advantage of. Now the short version of that is: "BUY FROM PEOPLE WHO WANT TO SELL AND SELL TO PEOPLE WHO WANT TO BUY".

So in all your dealings, if you want to sell something, make what you want to sell so attractive, that is arouses the urge to buy and be pleasant and friendly so the purchaser feels he is paying a fair price. When buying, look for the person who wants to sell, who is sick of having to think about owning it and be pleasant and friendly so the vendor feels he is not being taken advantage of. But of course, nothing is a bargain unless you want it. There is no point in buying something cheap unless it is exactly what you want.

I want to talk about peace and war. It is absolutely essential with nuclear weapons that a global war does not break out again. It, War, is a luxury which the world cannot afford. Whereas decent members of the community in the past could in the past allow their leaders full reign and support them in mass military ventures, the whole thing has got out of hand to the extent that millions of young men's lives were snuffed out in 1914-18 and

then in 1939-45 war civilian populations were destroyed in numbers far too large to be acceptable. So now we are forced into a position to learn everything about explosive situations and finding ways to defuse them other than by going to war. The Western nations encourage extensive public knowledge and revelation of world affairs whereas we are led to believe that the Russian block keeps their people uninformed on these matters and feed them distorted ^{views} ~~news~~ designed to inflame them in whichever way their leaders choice. Well, I'm sure the Western nations do that too, but we seem to have a greater amount of publicity and a greater freedom of the press in the media so the Western people are better informed. I believe that this is a great asset to world peace, and if we could get everybody, both western and eastern, to be better informed it would obviate a great danger, the greatest danger to world peace is misunderstanding. I can't beleive that the Russian people individually are any different from American people or Australian people in their desire to live in peace. However if they are deprived of full knowledge of world affairs they are more easily manipulated by their leaders. This in effect means that Russian leaders can act with greater autonomy than can the western leaders which means that they can wave thier big stick more freely without worrying whether they are right or wrong. For instance that terrible Korean air incident. Churchill said "Jaw Jaw" is better than "War War". However in the past Hitler type leaders have had to be answerable to their population to any great extent and they take advantage of "Jaw Jaw". They use it

to political purposes so they wield a bigger stick.

We could easily say that with the advantage of hindsight putting the moral considerations aside, that if someone had assassinated Hitler in the 1930's, it could have given the world a better chance of peace, and saved millions of lives. The trouble is there are countless Hitlers ready to rise to power given the conditions which encourage their growth. So one Hitler is assassinated, and if the conditions are the same, another one will rise. But now we have one thing which is to the world's advantage, and that is that we have seen the dreadful consequences of allowing a ruthless leader, unbridled power. A leader of Hitler's type will not be acceptable anywhere in the Western world anymore, or anywhere where there is free dissemination of information. However, his type could grow in the Eastern countries where information is censored and distorted. My attitude is that we should try to understand the people of different cultures and put aside past prejudices. I must admit I find it hard to forgive the Japanese because of the war-time propaganda fed into us during the war. We certainly cannot allow the Russians to gain huge military supremacy because they would not have the control built into their system to prevent them from using it. The Western world is almost in a no-win situation because when they have clear military superiority they will not use it because of moral standards, but should the Russians obtain clear military superiority they certainly will use it. So they could be said to be waiting for the breakthrough in military superiority to take over the world which would mean

Australia would be a dependency of Russia and the end of a great and glorious period of enlightened and comfortable and luxurious life for all Australians. However, all is not lost, it is very hard for the Russians to obtain that huge superiority that would enable them to go with all impunity, but it has always got to be considered. I believe that where leaders of small nations act in a murderous style they should be ousted by the larger and more moral nations and a more humane regime should be established. The British have given the world a system of government which contains many safe guards against British murderous leaders rising up. We saw how Whitlam stepped just ever so lightly over the bounds of correct political behaviour, he was quickly dispatched from power without bloodshed. So this form of Government given to us by the British has a safeguard in that respect. Not every country can benefit from it but with greater education and dissemination of information, more and more nations will adopt the best points. I would like to think that eventually the whole world will live in peace with one another, with one world parliament. Each country having its own parliament, with a government in power and an opposition to keep the government honest. It has to be some strong world police force, ethical of course, to allow peoples in countries to live peacefully together. A big stumbling block is the great numbers of have-nots and the reluctance of haves to give up what they have got to bring the have-nots up to standard. We are all a bit hypocritical about poor old South Africa, where everyone condemns apartheid because the whites won't let the blacks enjoy the

priviledges of the white world, but aren't we in Australia and America doing the same thing by our immigration policies won't let anyone in who might lower our own existng living standards. In effect, we are saying develop yourself separately until you are up to our standards and then we'll associate with you. This is what the South Africans are saying to their black population. Just because one has been very successful in the past at doing something does not mean that one can continue to be successful. The biggest errors have been made by those who have a great record of doing things correctly in the past. We must always be on one's guard as one becomes more successful because more responsibility is given to one, as one becomes more successful, so any error that is made is a big error. The answer to that is be very much on your guard against making errors even though you have got a lot of confidence in yourself. I think parents should be prepared to let their children go and not hang on to them. Although they have been thinking and planning and worrying and hoping and tending and listening and telling and all the other things parents do for their children for 20 years. And although the child will always be in their heart and thoughts, I think there has to come a time when the child is on its own, flying in its own sky, battling its own storms and surmounting its own heavy clouds and enjoying its own sunshine, and I think parents should be happy and not want to have it any other way. After all, the child is the product of a long line of survivors who battled storms and survived otherwise they wouldn't be there. A child must have good genes, good health a good body and mind to

survive and despite the parent's fears, the child is well able to cope and thrive in the world. It is more important to be financially established as quickly as possible in your life. It adds to the quality of life, not so much as in material possessions but because it makes available time to do the thing you are best at and which gives you the most satisfaction and fulfillment. I think that people ^{should} regularly from time to time sit down and work out what you want out of life and how to go about getting it. Then write it down so that it becomes an attainable goal and not just a remote wish.

One must decide what it is you want out of life, make a goal and strive for it. Don't let life carry you along without a compass. Normal people are really very well equipped to make a great success of their lives. Also, if you have got a good plan it helps you to travel hopefully and as they say it is better to travel hopefully than to arrive. It means that as soon as one goal is reached, get yourself another one. Life is too wonderful to waste sitting back in reflected glory, although it is so nice to enjoy now and again.

Why am I writing this book?

Because there are a lot of people out there who are ^{really} an absolute mess of their lives simply because they don't know what they should be doing. So, we have descendants and I imagine I have. Everybody buys a property some time in their life and it is necessary to work at buying a property. It is necessary to look at dozens and dozens of properties and study the ads in the paper very carefully. It is quite normal to get a little discouraged

but it is like fishing there are times when there are no fish and you wonder if you will ever catch another fish again, and then they come and you wonder why you were ever in doubt. It is the same as property. If there is nothing there, you can't make it appear, but if something comes along that meets all the criterion, then you must be ready to buy it. One very important lesson is not to buy unless everything is going to work out right. Buying upon the say so of an estate agent and friends is a very weak caper. Thorough investigation and consideration are still essential and it is quite possible to make a serious mistake. You just have to be very careful. It may be necessary if you have made many good deals in real estate, it is necessary that you don't become complacent and careless and make a really big mistake. Often times a person who has been very successful in a particular line of endeavour will become over-confident and make a massive blunder. For instance, Napoleon when he got stuck in Russia, and Malcolm Frazer when he called an early election and Joh Bejelkie Peterson when he decided he was going to go to Canberra and Charles Mills when he climbed through the fence with a loaded gun. But in Real estate it is necessary to be patient and come up with a property which is worthwhile.