

## Daily Skincare Tips For Men

Men! Good skin is the best thing you can have.

### Benefits of a good skincare routine:

- Reduce visible pores
- Removes wrinkles
- Removes under-eye circles
- Boosts confidence
- Slows down signs of ageing

Guys reread number 4. **IT BOOSTS CONFIDENCE!**

It's likely that you're reading this because you want to improve your skincare, and if you're not confident in your skin you're probably not satisfied at all.

Girls love confidence, in fact in order to attract your dream girl there are 4 steps which I like to call the 25% steps.

1. Good skin
2. Eye contact
3. Approaching her
4. Make a joke

Notice how these steps all align with each other. Having good skin, keeping eye contact and approaching her. Will automatically make her feel that you're more confident than you actually are. Think about it!

Most of these hot girls are never approached in person, only by sad guys in their dm's. She'll appreciate you approaching her and from there you take it away with a subtle joke. The four 25% lead to a 100% success rate.

Having good skin is key to all of this.

Now how to actually get and maintain good skin.

1. Use a face wash twice a day (morning and night).
2. Exfoliate twice a week
3. Rub an ice cube on your face after showering.
4. Gently dry your face with a washcloth.
5. Apply moisturiser (I recommend cerave).

Best products to use

- Nivea all-in-one charcoal face wash.
- OleHenriksen PHAT Glow Facial Mask.

- Cerave moistuising facecream.

Men implement this into your life and have the skin of your dreams or, the skin of her dreams.