

### PORTFOLIO

### ABOUT HENGAMEH

Born in Iran, I was very passion about painting and writing since childhood.

I have been traveling as an art freelancer for Many years. I have published two books. I have experience in social media, writing, photography, making video, travel planning, painting, including mural and digital painting.

I volunteered in various fields, including working with children and single mothers, and even in the fields of agriculture and tourism &...

I prioritize a healthy lifestyle and even teach meditation, always striving to learn and grow





Writing



-Videography -Editing



-Photography -Photo Editing



-Painting

- -Digital
- -mural



Social media



Travel planning



meditation



Handmade jewelry



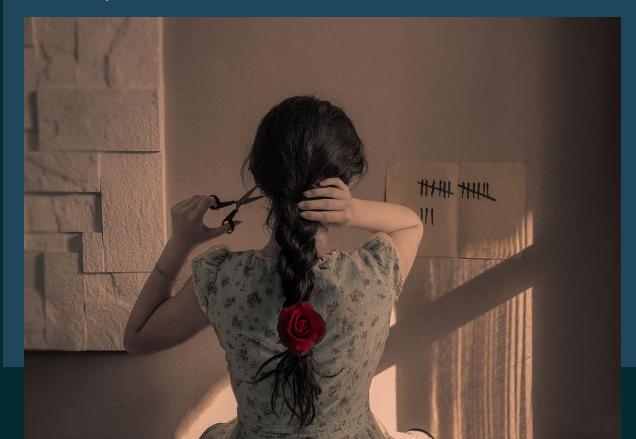


# THE DAYS OF QUARANTINE

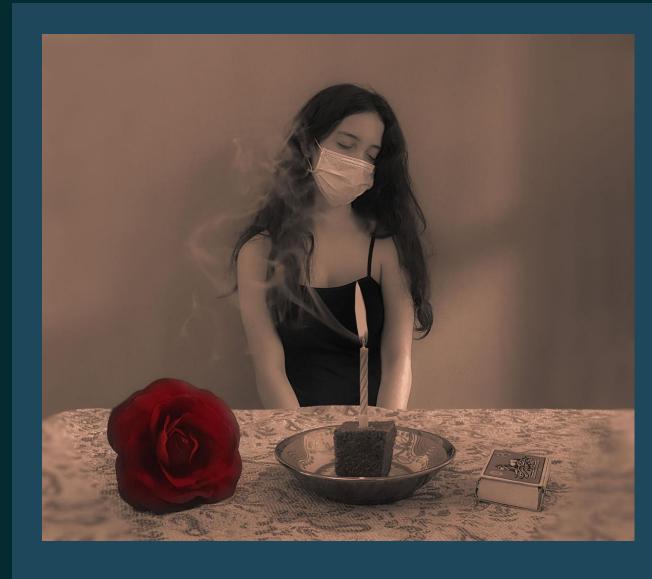




Four photo of this collection candidate in international exhibition - 2020













# SINGLE







## SEA / THE m A DAY



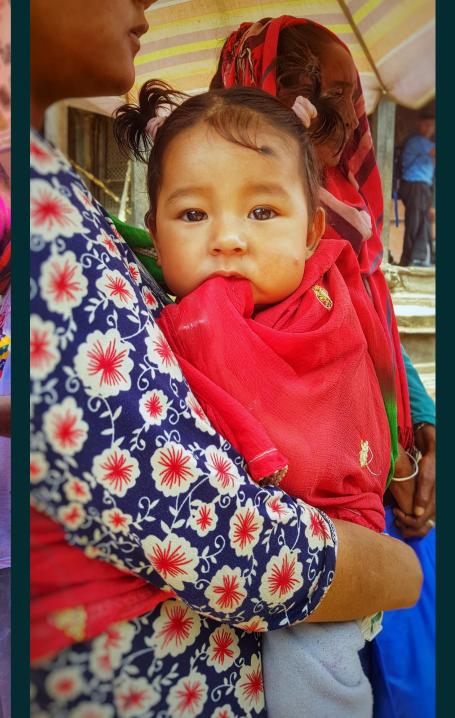
group photo exhibition

Three photos nominated in the documentary photography festival Iran - 2016



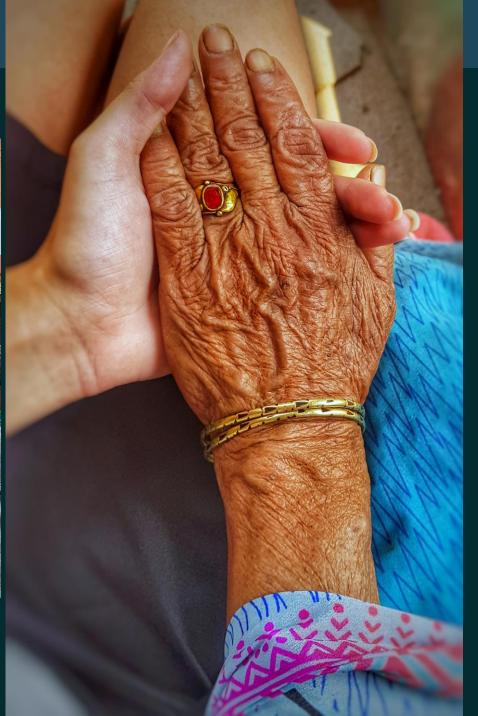














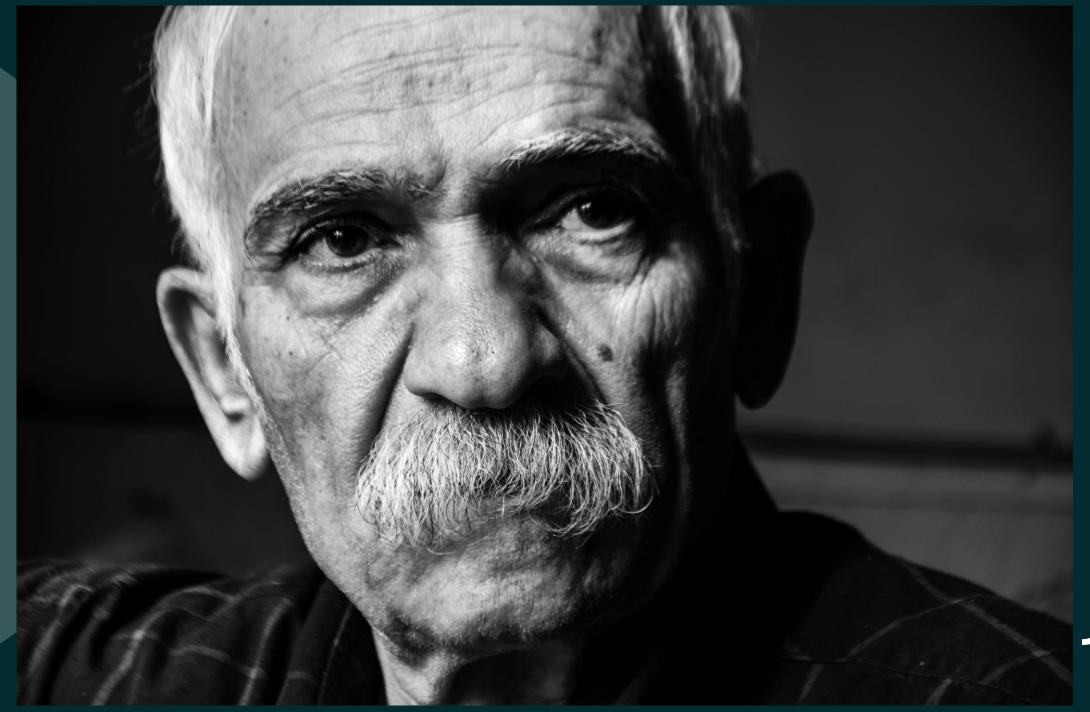










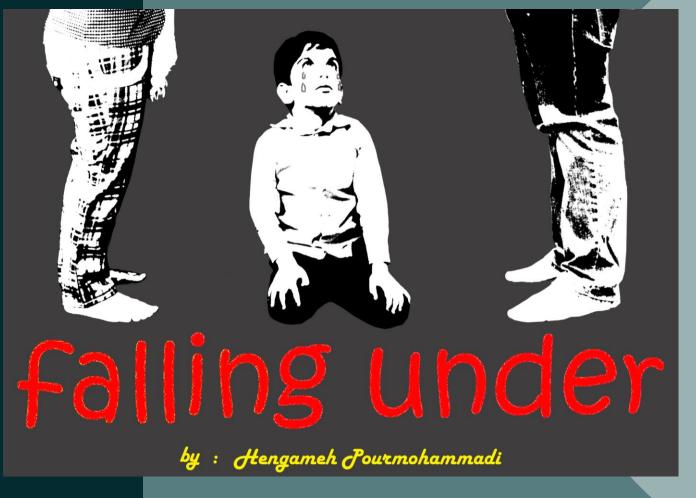






WATCH- 7 MIN -2016
THE SUBJECT: SANITY OF CHILDREN IN FAMILY



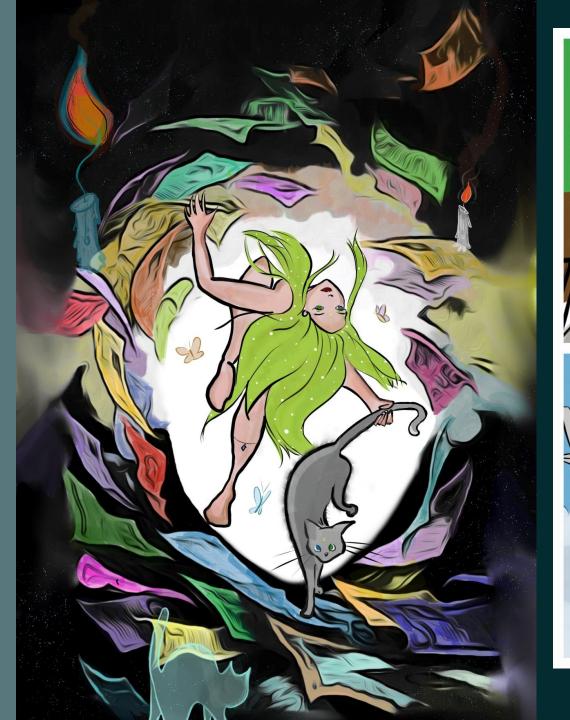


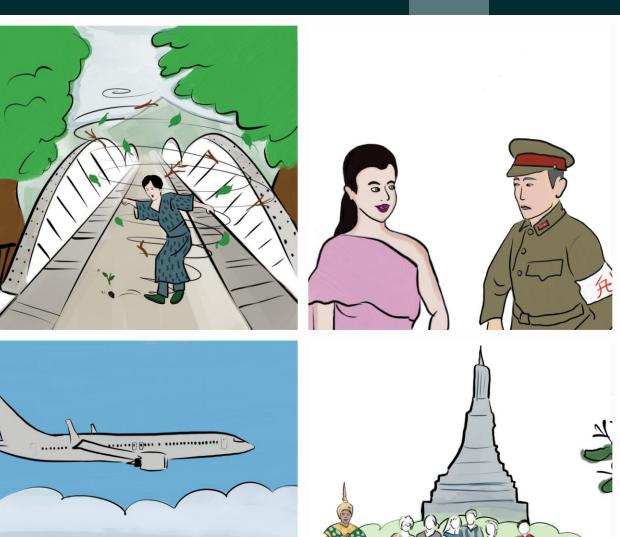
- Nominated at the Health Festival, Iran
- Screened at Charsoo Cinema, Tehran Iran

# PAINTING <u>ධ</u>

o Women, Life, Freedom







Sketch for a private film project - Singapore 2023

WELCOME TO BANGKOK THAILAND.



about kamanche (instrument):

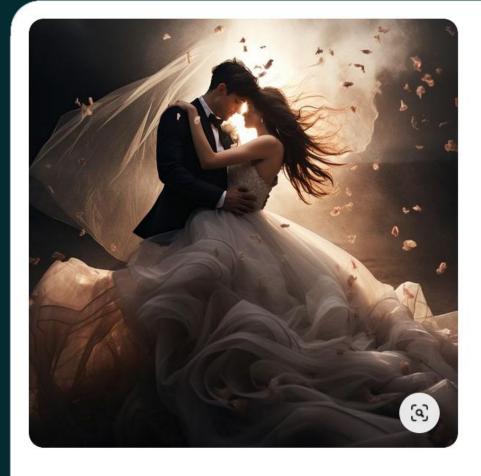
The kamanche, also known as kamancheh or kamancha, is a traditional Iranian string instrument. It belongs to the bow-instrument family and is categorized as a spiked fiddle. It is widely considered as the ancestor of the modern violin.

REC

Here are some key features and information about the kamanche:

- 1. Construction: The kamanche has a small, hollow bowl-shaped body, usually made from mulberry wood or walnut. It is covered with a stretched membrane, typically made of lamb or goat skin. The neck of the instrument is long and usually covered with horsehair.
- 2. Strings: The kamanche traditionally has four strings which are typically played with a bow. The strings are made of silk or synthetic materials, and they may be tuned in various ways depending on the regional and personal preferences of the musician.
- 3. Shape and appearance: The kamanche has a distinctive shape. Its body resembles a hollow pear or boat, while the neck curves upward at the end. It has a small, round wooden pegbox with tuning pegs.
- 4. Playing technique: The kamanche is played vertically, with the player cradling the instrument on their knee or chest. The bow is usually held between the thumb and forefinger of the right hand. The musician can produce a wide range of tones by manipulating the bow pressure, speed, and the angle at which it contacts the strings.
- 5. Regional variations: Different regions of Iran have their own variations of the kamanche, each with its own playing style and sound. For example, the Kurdish kamanche has a more delicate and melodic sound, while the Azerbaijani kamanche has a sharper and more powerful sound.
- 6. Role in Iranian music: The kamanche is an integral part of the classical Persian music ensemble, known as a "moteqayer." It is often accompanied by other instruments like the tar, santur, and tombak. The kamanche is also used in many other traditional Iranian music genres, including folk and regional music.
- 7. Notable players: Several renowned musicians have mastered the art of playing the kamanche. Among them are key figures like Ardeshir Kamkar, Kayhan Kalhor, Ali Akbar Shekarchi, and Mohammad Reza Lotfi, who have played a significant role in popularizing the instrument both within Iran and on the international stage.









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### Kenya Travel Itinerary

### TRIP OVERVIEW

Trip start date	17/03/2023			
Trip end date	26/03/2023			
Duration (days)	10			
No. of travelers	1			

### LIST OF TRAVELERS

Name	Osameh		

### TRIP ITINERARY

Date	Destination	Day	entrance	Lodging	Reservation	Notes
17/03/2023	Nairobi	1	N	Hotel	Υ	Arrive in Nairobi and check into your hotel
18/03/2023	Nairobi to Maasai Mara	2	Y	Camp	Y	Enjoy Masai mara game reserve
19/03/2023	Maasai Mara	3	N	Camp		Wild life safari



### THE REPUBLIC OF KENYA

MINISTRY OF INTERIOR AND COORDINATION OF NATIONAL GOVERNMENT DIRECTORATE OF IMMIGRATION AND CITIZEN SERVICES



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DIRECTORATE OF IMMICRATION AND CITIZEN SERVICES

DIRECTORATE OF IMMIGRATION AND CITIZEN SERVICE.

### E-VISA

EATV-AQSR3AP9

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APPLICATION NUMBER: DATE OF ISSUE PROPOSED DATE OF ARRIVA

EATV-AQSR3AP9 18 SEPTEMBER 2022 4 OCTOBER 2022



### APPLICANT'S INFORMATION

DATE OF BIR) 28 AUGUST 1971

PASSPORT PLACE OF ISSUE: MAHMO ODABAD

PASSPORT DATE OF ISSUE: 7 JULY 2019 PASSPORT EXPIRY DATE: 6 JULY 2024
NATIONALITY: IRAN REASON FOR TRAVEL: TOURISM

### CONTACT DETAILS

HOME PHONE NUMBER: 989398436224

KENYAN PHONE NUMBER: 254707500832

EMAIL ADDRESS:
hengameh.pm@gmail.com

NEXT OF KIN NAME: HENGAMEH

HOME PHYSICAL ADDRESS:

NEXT OF KIN PHONE NUMBER: 989366816935

THE HOLDER OF THIS EVISA DESIRES TO TRAVEL TO THE THE REPUBLIC OF KENYA FOR THE PURPOSE OF TOURISM.

### Notes

- 1. The possession of a visa is not the final authority to enter the Republic of Kenya.
- Engaging in any form of business or employment without a requisite permit or pass is an offense.
- 3. A visa to Kenya once approved and issued is valid for travel within 3 months.



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2022

### THANK YOU

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